



Connections Rec

Connections SLP



Our recreational programs offer opportunities for clients to connect with others with similar interests and experiences. These programs are delivered by fun and dynamic neurodivergent young adults with interest and experience in working with kids and teens. Brief support for clients involved in our Rec programs can be provided by an SLP and/or OT for a fee upon request.

Buddies

WHO

Currently available to families in York Region and North York with kids in grade 3-8.

WHAT

We know that fun, casual interactions involving support from young adults who have walked the same path as the child or teen can play an important role in building self-esteem. This unique program offers in-person mentoring from young adults who will meet the child and a parent at home or in the community to spend time doing an activity that the child enjoys. Our Buddies can bring a different perspective than parents or clinicians to the development of friendship and sometimes this is just what our clients need.

HOW

Parents first meet with our director for an intake session and the creation of a Buddy Plan, which includes information about the child's favourite activities, current strengths, needs and goals. Sessions are booked in sets of 4-8 so that preferred days and times can be accommodated.

STRUCTURE

- In-person sessions are typically 90 minutes long.
- A parent must remain in the home or onsite during Buddy sessions.
- Sessions are recreational and therefore not covered by insurance or the OAP, but may be eligible under SSAH funding.



For more information:

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