



Occupational Therapy

@ Connections SLP



WHO

Our Occupational Therapy services are available to clients of all ages who would benefit from support to understand their sensory health. Our OT services are offered to families before, during or after participation in other services at Connections SLP.

WHAT

OT services at Connections SLP help families understand what sensory processing is all about. Learning and using the right strategies for each individual helps support regulation, independence and participation in activities that in turn support friendship goals.

OT sessions are offered virtually and may include informal assessment, discussion and goal setting, parent coaching, parent and child/teen sessions, sessions with young adults and their families and communication/consultation with other involved professionals.



Focused on
Friendship?
We can
help.

For more information:

Email: info@connectionsslp.ca

Phone: (289) 472-5557

Web: connectionsslp.ca



HOW

- Individual 60-minute sessions are booked in sets of 5-8.
- Additional sets of sessions to address different goals may be requested.
- All sessions are delivered by a registered occupational therapist and may be covered by extended health care plans. Families may also choose to use OAP funding.

STRUCTURE

- OT sessions are delivered using a virtual consultation model.
- Sessions begin with informal assessment through discussion and observation as appropriate and then continue with goal setting, creation of a plan and some initial strategies to try.
- Additional sessions involve active discussion about the client's brain and body to understand their sensory profile and how this may impact friendships and other social relationships.
- Time is spent on the development of personalized strategies and coaching so that the client and family can explore the use of strategies in daily activities and interactions.
- A final session is typically scheduled a few weeks after the others in order to discuss the impact of the strategies and adjust as needed. Clients/families always complete their sessions with a clear plan for next steps.



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