



Connections Rec

Connections SLP



Our recreational programs offer opportunities for clients to connect with others with similar interests and experiences. These programs are delivered by fun and dynamic neurodivergent young adults with interest and experience in working with kids and teens. Brief support for clients involved in our Rec programs can be provided by an SLP and/or OT for a fee upon request.

Buddies

WHO

Currently available to families in York Region and North York with kids in grade 3-8.

WHAT

We know that fun, casual interactions involving support from young adults who has walked the same path as the child or teen can play an important role in building self-esteem. This unique program offers in-person mentoring from young adults who will meet the child and a parent at home or in the community to spend time doing an activity that the child enjoys. Our Buddies can bring a different perspective than parents or clinicians to the development of friendship and sometimes this is just what our clients need.

HOW

Parents first meet with our director for an intake session and the creation of a Buddy Plan, which includes information about the child's favourite activities, current strengths, needs and goals. Sessions are booked in sets of 4-8 so that preferred days and times can be accommodated.



For more information:

Email: info@connectionsslp.ca

Phone: (289) 472-5557

Web: connectionsslp.ca



STRUCTURE

- In-person sessions are typically 90 minutes long.
- A parent must remain in the home or onsite during Buddy sessions.
- Sessions are recreational and therefore not covered by insurance or the OAP.

Game Groups

WHO

This program is for kids in grades 4-7.

WHAT

Our virtual game groups use the Kids on Bikes tabletop roleplaying game (TTRPG) system to bring like-minded kids together. Roleplaying games provide an opportunity to expand skills in creativity, conversation, perspective-taking, future thinking, flexibility and so much more, all wrapped up in a whole lot of fun. Each 7-session group includes its own mystery to be solved by the group as they work toward a final solution on the last day.

HOW

Parents first meet with our director for an intake session which includes information about the child's favourite activities, current strengths, needs and goals.



STRUCTURE

- Groups are 90 minutes in length and include 1 group character creation session and 6 group game sessions.
- Kids and parents are asked to watch a brief "getting started" video to help them to get ready for the first session.
- Families must register for the full 7-session group; this program is not available on a session-by-session basis and there are no refunds for missed sessions.
- Groups are recreational and therefore not covered by insurance or the OAP.

Focused on
Friendship?
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help.

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